

A-630613 GLUTE-HAM MACHINE

GLUTE-HAM MACHINE CONSTRUCTION & FEATURES:

HEAVY-DUTY FRAME – Constructed from 2" x 2" and 2" x 3" 7-gauge steel tubing for maximum strength and durability. The fully welded, one-piece frame is powder coated in custom colors for long-lasting protection.

OPEN WALK-THROUGH DESIGN – Provides easy access and enhanced user convenience.

ROTATING FRONT PADS WITH DUAL PLATFORMS

360° Rotating Pads: Front pads rotate a full 360° to 16 different positions using a durable pop-pin design with a nickel-plated adjustment wheel.

Two Integrated Platforms

Platform 1: Two contoured pads designed for optimal comfort and efficiency during glute-ham exercises.

Platform 2: A solid, flat surface ideal for abdominal training.

HIGH-DENSITY FOAM PADDING – 2" thick high-density foam pads ensure comfort and support during use.

ADJUSTABLE BACK ROLLER SUPPORT

Depth Adjustment: Mounted on a block and rail guide, engaged via a convenient foot pedal system.

Height Adjustment: Pneumatically assisted for smooth operation, controlled by an easy-to-use foot pedal.

Tightening Knob: Minimizes play in the roller pads for a secure, stable workout.

INDEPENDENT ROLLER ADJUSTMENTS – Roller pad height and depth adjustments operate independently to accommodate users of all sizes and ensure proper positioning.

ADJUSTABLE DIAMOND PLATE FOOTPLATE – Heavy-duty ¼" thick diamond plate footplate behind rollers offers five different adjustment positions for precise foot placement. Both the footplate and platform are powder coated in a durable wrinkle black finish.



FOOTPRINT:
72" L x 38" W